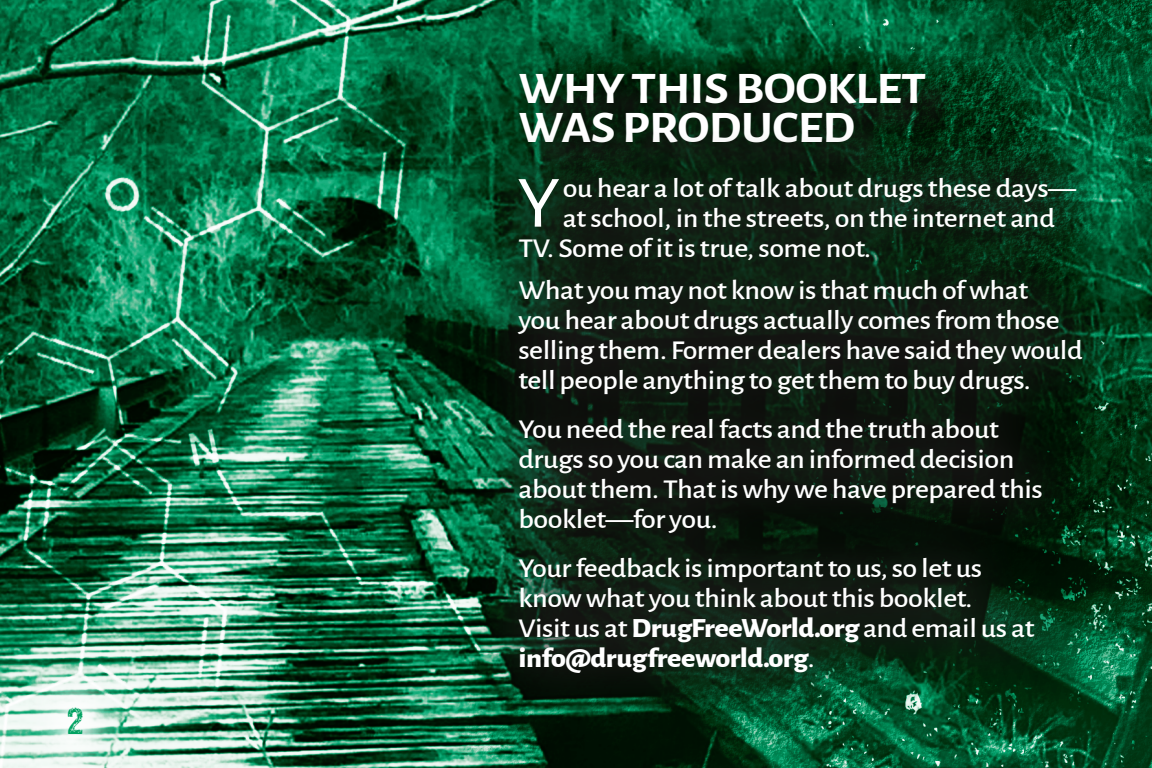

THE TRUTH ABOUT
SYNTHETIC DRUGS
K2
Smiles
Spice
25I
Bath Salts
N-bomb
Black Mamba
Salvia
Blizzard
drugfreeworld.org



WHY THIS BOOKLET WAS PRODUCED

You hear a lot of talk about drugs these days—at school, in the streets, on the internet and TV. Some of it is true, some not.

What you may not know is that much of what you hear about drugs actually comes from those selling them. Former dealers have said they would tell people anything to get them to buy drugs.

You need the real facts and the truth about drugs so you can make an informed decision about them. That is why we have prepared this booklet—for you.

Your feedback is important to us, so let us know what you think about this booklet. Visit us at **DrugFreeWorld.org** and email us at **info@drugfreeworld.org**.

WHAT IS A SYNTHETIC DRUG?

Synthetic drugs are made from man-made chemicals instead of natural ingredients.

Many synthetic drugs, such as fentanyl, Ecstasy, LSD and methamphetamine, are discussed in other booklets in *The Truth About Drugs* series. This booklet shares the facts about synthetic drugs, often called *designer drugs*. These include synthetic marijuana (Spice or K2), synthetic stimulants (bath salts) and a synthetic hallucinogen known as *N-bomb*.

DESIGNER DRUGS— A RISKY EXPERIMENT

To understand what synthetic drugs are and how they came to be, it's important to know what a designer drug is. A designer drug is a synthetic version of an illegal drug with a slightly altered molecular structure to avoid being classified as illegal. Essentially, it is an experiment by a chemist to create a new drug that can be sold legally, either online or in stores, allowing dealers to make money without breaking the law. As law enforcement identifies new chemicals and classifies them as illegal, manufacturers modify the drugs' structures to stay ahead of the law. So the cycle repeats.



Some designer drugs are sold online or in convenience stores as "herbal smoking blends," while others are disguised as products labeled "not for human consumption" such as "herbal incense," "plant food," "bath salts" or "jewelry cleaner." These names are used to hide their true purpose and avoid health and safety regulations.

MYSTERY INGREDIENTS

Because new chemicals are constantly being developed, users of designer drugs have no way of knowing what these drugs contain. Additionally, even small changes to a known drug can create a new drug with very different effects, making it impossible for users to predict how it will affect their health.

Worldwide, more than 1,000 new synthetic drugs have been discovered on the illegal drug market.

Some of these contain chemicals that have not been fully identified, and their effects on the human body and mind remain unknown.

WHAT IS SYNTHETIC MARIJUANA?

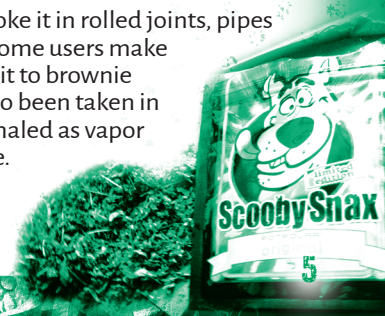
What is sometimes called *synthetic marijuana* is actually nothing like marijuana. It is a mix of herbs and spices sprayed with unknown and harmful chemicals designed to mimic THC, the mind-altering ingredient in marijuana.

Synthetic drugs like Spice and K2 are often falsely advertised as "safe," "natural" and "legal" highs. The truth is they are technically not legal and they are definitely not natural or safe.

Chemical tests have shown that the active ingredients in these drugs are synthetic chemicals with dangerous and toxic effects. Additionally, since the chemical makeup of products sold as Spice or K2 is unknown, users have no idea what chemicals they are putting into their bodies or what the effects might be. Because the herbs and spices can be sprayed unevenly, the strength of the drug can vary greatly.

Synthetic marijuana looks like dried leaves and is often sold in small, shiny plastic bags labeled "herbal incense" or "potpourri." It is also sold in liquid form for vaping.

People often smoke it in rolled joints, pipes or e-cigarettes. Some users make it into tea or add it to brownie recipes. It has also been taken in liquid form or inhaled as vapor through the nose.





SYNTHETIC MARIJUANA STREET NAMES

- Algerian Blend
- Aroma
- Black Mamba
- Blaze
- Bliss
- Bombay Blue
- Bonsai-18
- Chaos
- Chill
- Dream
- Fake Pot
- Fake Weed
- Genie
- K2
- Lava
- Mojo
- Mr. Happy
- Mr. Smiley
- Phantom Wicked
- Red X Dawn
- Scooby Snax
- Sence
- Sensation
- Serenity
- Silent Black
- Skunk
- Smoke
- Space Diamond
- Spice
- SpicyXXX
- Spike 99
- Tai Fun
- Wicked X
- Yucatán Fire
- Zen

STATISTICS AND FACTS

- A review of harm and injury resulting from synthetic marijuana found that using this drug often leads to death, seizures and psychosis.
- In Illinois, synthetic cannabinoids* were mixed with rat poison and sold. This batch injured more than 170 people, and five of them died.
- In New Zealand, 58 deaths were linked to the synthetic cannabinoid AMB-FUBINACA† over a 20-month period. Two of these cases involved fatal car accidents, and two people died by suicide. Some people simply collapsed and died after using the drug.

Numerous fatal car accidents have been documented involving people under the influence of synthetic marijuana:

- While jogging, a 62-year-old man was hit by a 20-year-old man who tested positive for synthetic marijuana.
- Another 20-year-old man crashed into a tree and died after smoking synthetic marijuana.
- A brother and sister were killed when a garbage truck, driven by someone who admitted using synthetic marijuana, crossed 500 feet over a highway divider at 55 mph and sliced off the roof of their car.

* cannabinoid: a chemical derived from the Indian hemp plant (cannabis) or made synthetically that affects the brain, mood, memory and pain

† AMB-FUBINACA: a combination of letters that represents the complete chemical structure of this synthetic cannabinoid

SYNTHETIC MARIJUANA
SHORT-TERM EFFECTS



Effects on the Mind:

- Unresponsiveness
- Loss of consciousness
- Confusion
- Altered time sense
- Extreme anxiety
- Panic attacks
- Severe paranoia
- Delusions
- Hallucinations
- Psychosis
- Potential suicide
- Some users under the influence of synthetic marijuana have been involved in homicides

Effects on the Body:

- Nausea and vomiting
- Heavy sweating
- Uncontrolled or spastic body movements
- Acute kidney injury
- Rapid heart rate
- High blood pressure
- Reduced blood supply to the heart
- Heart attack
- Convulsions
- Seizures
- Stroke



SYNTHETIC MARIJUANA LONG-TERM EFFECTS

The long-term effects on humans are not fully known, but poison center experts report that the effects of synthetic marijuana can be life-threatening.

It can be addictive and cause withdrawal symptoms, including cravings, nightmares, heavy sweating, nausea, tremors, headaches, extreme tiredness, insomnia, diarrhea, vomiting, difficulties thinking clearly and neglect of other interests or responsibilities.

With repeated and long-term use of the drug, users may experience forgetfulness and confusion. Some users have even reported paralysis.



PARALYZED AFTER SMOKING SPICE

"After using Spice for several weeks, I woke up early one night, fell to the floor, couldn't move my legs and couldn't move my hips. All I could do was drag myself by my forearms. I laid on the floor for 13 hours screaming, pounding the floor, asking for help. Doctors say another two hours and I would have been dead. I'm going to be in the hospital for a long time to come." —L.D.

THIS IS WHAT HELL IS

"I want to share my experience with K2. It ruined my life. When I tried smoking K2 for the first time, it was like everything dissolved into what seemed like the fuzz on the TV screen. I remember thinking, 'This is what hell is.' All I could feel was awful fear. I heard voices of family members, flashbacks to when I was younger—it was the worst experience I've ever had. I was shaking horribly, and I felt terrified and sick. Ever since that day, I have had awful anxiety on a daily basis. I had to quit school because my anxiety was so bad." —J.W.

I AM JUST NOT ALL THERE ANYMORE

"I overdosed on Spice and I haven't been the same since. I was just sitting there smoking until it all hit me. I couldn't see straight or walk, and then I threw up about six or seven times. I woke my mom up, and she laid me down on the couch and called an ambulance. About 10 minutes before the ambulance showed up, I started to have seizures. I woke up in a hospital bed on life support. I had gone into cardiac arrest* for a few hours, and they thought I wasn't going to wake up. I survived it, but I have not been the same. I stutter a lot now and I can't concentrate on anything. I'll be telling a story and just go blank and not know what happened. I always see these dots, and I am just not all there anymore." —D.Y.

* cardiac arrest: a sudden, sometimes temporary, stopping of the heart

A FORMER ADDICT

"I am a former Spice addict. I became hooked while on probation. I went from a gram or less a day to over three or four a day. As my addiction progressed, my motor skills and ability to control basic behaviors deteriorated. I grew more aggressive when I got upset, which became more frequent the more and longer I used. One morning I had a psychotic break, during which I blacked out and almost killed my wife. I was arrested, and my probation was revoked. Since being released, I share my experience with others to encourage them not to use this drug." —S.W.

VIOLENT AND IRRATIONAL BEHAVIOR

A 21-year-old mother under the influence of Spice threw her four-year-old child into a trash bin. When the police arrested her, she could not remember where her son was. The child was later found in the trash by the police and handed over to Child Protective Services. The woman was charged with abandoning her child.

A US teen shot two school administrators, killing one, before taking his own life. Medical tests found K2 in his system.

A 21-year-old man slit his throat while using K2 for the first time. Thankfully, his mother was able to control the bleeding until help arrived.



SYNTHETIC MARIJUANA: A SHORT HISTORY



Synthetic marijuana sold as Spice first appeared in Europe in 2004 and in the US in 2008. However, chemicals used to make synthetic marijuana were created for experimental purposes decades earlier. These include:

- CP 47,497, named after Charles Pfizer of Pfizer Pharmaceuticals, developed in the 1980s for scientific research.
- HU-210, named after Hebrew University of Jerusalem, where it was first developed in 1988. It is 100 to 800 times more potent than natural THC (the mind-altering ingredient in marijuana).
- JWH-018 and others in the JWH series, named after Professor John W. Huffman of Clemson University in South Carolina, created in 1995.

In 2010, the US Drug Enforcement Administration used emergency powers to control these chemicals, and in 2012 a law was passed banning the substances found in synthetic marijuana.

Underground chemists then developed new experimental drugs, UR-144 and XLR11, to mimic the effects of marijuana and replace other banned substances. In 2013, UR-144 and XLR11 were made illegal, but by then a new generation of synthetic marijuana had already appeared. The point is not whether these drugs are illegal. Studies show they are toxic and unsafe.

More than a hundred different varieties of synthetic marijuana have been created so far. Because the chemical content is constantly changing, buyers never know what effects these drugs will have on their bodies.

WHAT ARE BATH SALTS?

Chemicals sold as "bath salts" are not the bath salts used in a tub, but toxic drugs with unpredictable effects.

Many of the substances in these drugs have been banned in the US due to their harmful effects. Dealers use the term *bath salts* and other names to bypass the law. They are also falsely advertised as "plant food," "jewelry cleaner" and "phone screen cleaner" and labeled "not for human consumption" to avoid arrest by law enforcement.

The term *bath salts* does not refer to a single drug, but rather a group of similar substances. These are chemically made versions of a type of drug found in the Khat plant, an evergreen shrub from East Africa and southern Arabia. Just as Spice and K2 are known as *synthetic marijuana*, bath salts are referred to as *synthetic stimulants*. They can also cause hallucinations similar to those produced by LSD.



Bath salts often contain a varied mix of chemicals, so even if the packaging looks the same, there is no way to know the actual contents. It can appear white, off-white, yellow or brown and is usually sold in powdered form in small plastic or foil packages. It may also come in capsules, tablets or in liquid form in small jars. Users have reported snorting or injecting it, mixing it with food or drink, "bombing" it (swallowing it wrapped in cigarette paper), taking it rectally, inhaling it using a vaporizer or smoking it.

BATH SALTS STREET NAMES

Manufacturers of bath salts create many names for their products to attract as many customers as possible. Some of these names include:

- Arctic Blast
- Aura
- Avalanche
- Bliss
- Blizzard
- Bloom
- Blue Silk
- Bolivian Bath
- Cloud 9
- Cotton Cloud
- Drone
- Dynamite or Dynamite Plus
- Euphoria
- Glow Stick
- Hurricane Charlie
- Ivory Snow
- Ivory Wave or Ivory Wave Ultra
- Lunar Wave
- Mexxy
- Mind Charge or Mino Charge
- Monkey Dust
- Mystic
- Natural Energy Powder
- Ocean Snow
- Purple Wave
- Quicksilver
- Recharge
- Red Dawn
- Red Dove
- Rock On
- Rocky Mountain High
- Route 69
- Sandman Party Powder
- Scarface
- Sextasy
- Shock Wave
- Snow Day
- Snow Leopard
- Speed Freak Miracle
- Stardust
- Super Coke
- Tranquility
- UP Energizing or UP Supercharged
- Vanilla Sky
- White Burn
- White China
- White Dove
- White Lightning
- White Rush
- White Sands
- Wicked X
- Zoom



BATH SALTS SHORT-TERM EFFECTS

There have been many instances of users experiencing violent, psychotic and life-threatening episodes after using bath salts.

Effects on the Mind:

- Uncontrollable craving for the drug
- Insomnia
- False euphoria rapidly evolving into paranoia
- Nightmares
- Depression
- Severe agitation
- Hallucinations and delusions
- Self-harm
- Suicidal thoughts or suicide
- Psychosis
- Violent behavior

Effects on the Body:

- Skin rash
- Mephedrone stink (the person smells like mephedrone, a drug used in bath salts)
- Skin-crawling sensation
- Excessive sweating
- High fever
- Loss of appetite
- Sexual dysfunction
- Nosebleed and nose burns
- Muscular cramping or tension
- Numbness or tingling
- Dizziness
- Blurred vision
- Rapid involuntary movement of the eyes
- Nausea and vomiting
- Chest pains and heart attacks
- Headaches
- Seizures
- Pain at the back of the mouth
- Ringing or buzzing in the ears
- Excessive grinding of teeth
- Brainstem herniation (increase of pressure inside the skull that can cause death)



BATH SALTS LONG-TERM EFFECTS

The harm caused by bath salts can be long-term and permanent, including:

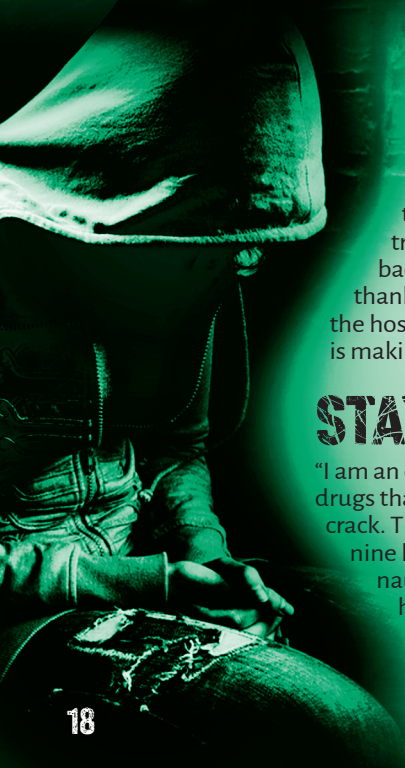
- Increased blood pressure and heart rate
- Kidney damage and failure
- Liver damage
- Breakdown of skeletal muscle tissue (muscles that control bone movement)
- Brain swelling and brain death
- Death



A study found that one of the main substances in bath salts, known as *MDPV*, is highly addictive—possibly even more so than methamphetamine, one of the most addictive drugs.

In the United States, bath salts were linked to nearly 23,000 emergency room visits within a single year. Another study in the Midwestern United States showed that more than 16 percent of patients sent to hospital emergency rooms for bath salt abuse were in critical condition or died.

The adverse effects of MDPV can last for six to eight hours after use. It has been reported to cause prolonged panic attacks, psychosis and deaths.



THIS PRODUCT IS POISON

"This product is poison. After the first hour, I started to feel the cocaine-ish comedown that grew increasingly worse. The left side of my chest began to tighten and my heart was beating faster than ever. Paranoia set in. I was very close to requesting hospital treatment, but I waited it out. I would get better, a little worse, back and forth, but eventually after three to four hours, I was feeling thankful to be alive and sober. The reports of people dying or going to the hospital ARE NOT BULL***T. This is dangerous poison that some scum is making cash off of in the most evil of ways." —G.F.

STAY THE HELL AWAY FROM THIS

"I am an experienced drug user who experimented with more drugs than I have fingers. [Bath salts] are more dangerous than crack. The comedown was the worst experience of my life. It lasted nine hours. Nothing but fear, heart palpitations, jitters, severe nausea and everything coming and going a million miles an hour. It was terrible. Because of this experience, I will never use drugs again. I am lucky to still be alive to warn you. Stay the hell away from this." —E.W.

BATH SALTS: A SHORT HISTORY

The drugs now known as *bath salts* were first created in France in 1928 and 1929. Some were initially researched for potential medical use, but most were unsuccessful due to severe side effects, including dependency. Abuse of these drugs began in the former Soviet Union in the 1930s and 1940s, where they were used as antidepressants. Also known as *Cat* and *Jeff*, they became popular in the United States in the 1990s.

Between 2004 and 2008, these drugs were used in Israel until their key ingredient was made illegal. By 2007, they had gained more popularity among drug users when they started appearing on internet drug forums.

In 2009, analyses of "Ecstasy" pills in the Netherlands found that over half did not contain the primary drug associated with Ecstasy, but rather drugs found in bath salts.

In 2012, two key drugs used in bath salts were made illegal in the US. However, underground chemists then developed new variations with slightly different chemical formulas—and promoted them openly as *bath salts*, or repackaged them as *glass cleaner* or other names.



WHAT IS N-BOMB?

N-BOMe, commonly known as *N-bomb* or *Smiles*, is a powerful synthetic hallucinogen sold as an alternative to LSD or mescaline (a hallucinogenic drug derived from a cactus plant). There are several variations of this drug, but 25I-NBOMe, often called *25I*, is the most potent and commonly abused form. The effects of a tiny amount of the drug can last for up to 12 hours or longer.

N-bomb produces a hallucinogenic effect similar to LSD at very small dosages. It also mimics the effects of methamphetamine. Users report that negative effects and aftereffects of N-bomb are worse than those of LSD.

A dose of 750 micrograms, considered average to high, is about the size of six small grains of table salt.

N-bomb is sold in liquid or powdered form or on blotter paper that has been soaked in it. It has a strong, bitter metallic taste, and some dealers add mint or fruit flavoring to the liquid and blotter paper varieties.

Since N-bomb has no effect if swallowed, users place it under the tongue for absorption. Some users inject it, smoke the powdered form, inhale it through the nose, vaporize it or insert it rectally. All of these methods are dangerous because even a few grains can cause an effect, making it extremely easy to overdose—sometimes with fatal consequences.

TOO TOXIC TO HANDLE

N-bomb is so toxic that handling it requires a filter mask, gloves and protective glasses. This poses a risk for law enforcement officers, who could experience a fatal overdose if they do not wear protective gear when collecting drug evidence from a suspect.

Because N-bomb is sometimes sold under the names of other drugs, users might take the typical dose of the drug they think they are using, which can lead to a fatal overdose.





N-BOMB STREET NAMES

- BOM-CI or Cimbi-5
- Dime
- GNOME
- Legal Acid
- N-bomb
- New Nexus
- Smiles
- Solaris
- 25B
- 25C
- 25I

"I felt like my mind had been ripped apart, and I continued to doubt everything that I had ever done or said. I feel I had some sort of post-traumatic stress from this experience. I felt I had developed a social disorder because I could not talk to strangers, and I felt like I would have an anxiety attack just looking someone in the eye. 25I-NBOMe is NOT a drug to play with. I will never take it again." —F.M.

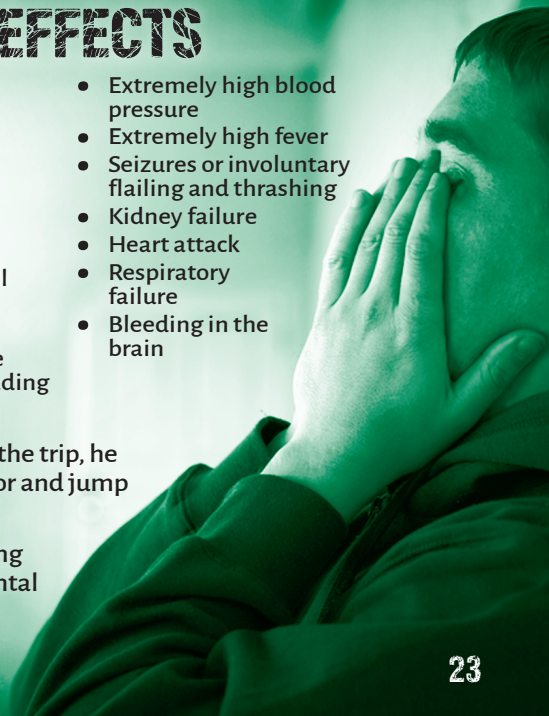
N-BOMB SHORT-TERM EFFECTS

Effects on the Mind:

- Visual and auditory (relating to hearing) hallucinations
- Confusion and disorientation
- Scrambled communication
- Aggression
- Paranoia and panic
- Agitation
- Insomnia

Effects on the Body:

- Shaking
- Nausea or vomiting
- Fainting and loss of consciousness
- Muscle spasms
- Difficulty breathing
- High white blood cell count
- Rapid heart rate
- High acid level in the body (potentially leading to coma and death)
- Extremely high blood pressure
- Extremely high fever
- Seizures or involuntary flailing and thrashing
- Kidney failure
- Heart attack
- Respiratory failure
- Bleeding in the brain



"We managed to put my friend in the car. During the trip, he unbuckled the seat belt and tried to open his door and jump out while the car was moving at about 60 mph.

"I tried to get my friend to explain to me everything that happened that day in order to check his mental state. He was unable to remember ANYTHING that had happened." —T.S.

One 18-year-old male user was hospitalized with seizures after his first use. Doctors were unable to stop the seizures, and he spent four days in a drug-induced coma.

Another 18-year-old bought a drug without knowing that he was actually purchasing 25I-NBOMe. He sold some to his friends, and they took the drug together. One of the friends began "shaking, growling, foaming at the mouth" and smashing his head against the ground, according to witnesses. He ultimately passed out and died. The young buyer/dealer was charged with murder.

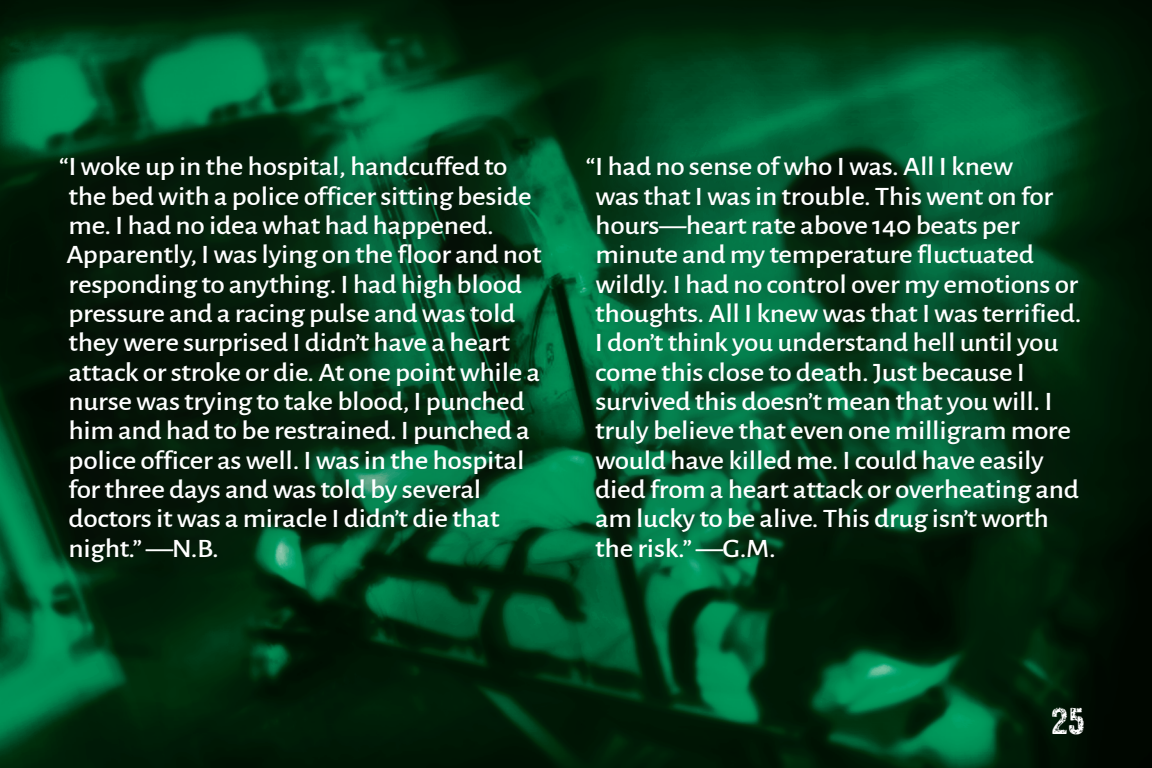
A 21-year-old man in St. Louis, Missouri, had a similar experience. After taking the drug, his limbs suddenly began to flail around and he started ripping accessories from the car he was riding in. He died shortly thereafter.

N-BOMB LONG-TERM EFFECTS

For some users, N-bomb causes persistent and severe anxiety and depression that may last for months or even years. It can manifest as visual hallucinations in the form of trailing colors, wildly distorted visual images and flashes of color.

The use of N-bomb can also result in kidney failure or death.



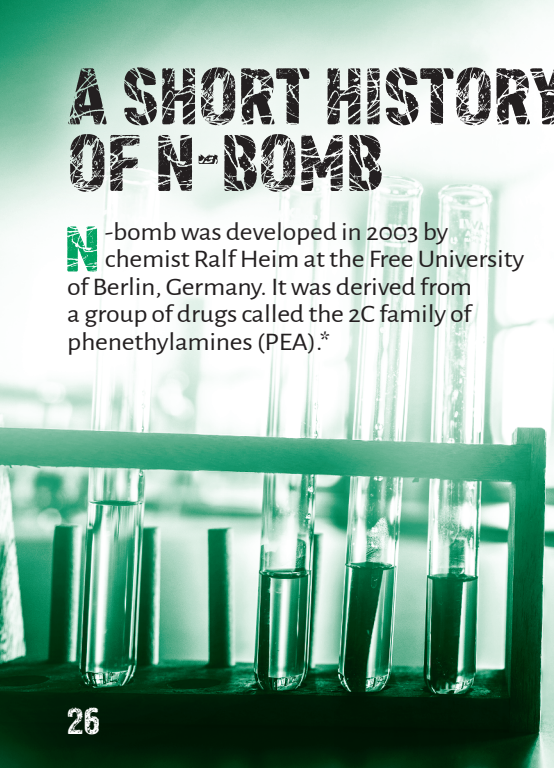


"I woke up in the hospital, handcuffed to the bed with a police officer sitting beside me. I had no idea what had happened. Apparently, I was lying on the floor and not responding to anything. I had high blood pressure and a racing pulse and was told they were surprised I didn't have a heart attack or stroke or die. At one point while a nurse was trying to take blood, I punched him and had to be restrained. I punched a police officer as well. I was in the hospital for three days and was told by several doctors it was a miracle I didn't die that night." —N.B.

"I had no sense of who I was. All I knew was that I was in trouble. This went on for hours—heart rate above 140 beats per minute and my temperature fluctuated wildly. I had no control over my emotions or thoughts. All I knew was that I was terrified. I don't think you understand hell until you come this close to death. Just because I survived this doesn't mean that you will. I truly believe that even one milligram more would have killed me. I could have easily died from a heart attack or overheating and am lucky to be alive. This drug isn't worth the risk." —G.M.

A SHORT HISTORY OF N-BOMB

N-bomb was developed in 2003 by chemist Ralf Heim at the Free University of Berlin, Germany. It was derived from a group of drugs called the 2C family of phenethylamines (PEA).*



The 2C PEA was originally created in labs in the 1970s where scientists were studying brain activity in rats. It produces hallucinations and mind-altering experiences similar to those of LSD.

In 2012, nine of the PEA drugs were made illegal in the US, including the substance used to make N-bomb.

Drug dealers produce various versions of N-bomb in secret laboratories or import them in bulk from countries like China and India.

Manufacturers alter the formula to bypass the government bans, so users never know what they are taking or how potent it will be.

A study of the harm caused by N-bomb found that out of 42 reported cases of use, nine users died.

* phenethylamine (PEA): a basic chemical structure that many different drugs are built from. The 2C represents the two carbon atoms in this specific makeup of the substance.

WHAT DEALERS ON THE INTERNET WILL TELL YOU

Some of the biggest selling points used by dealers in their online false advertising are that their products are "natural" and "legal" and therefore "safe."

Dealers have described Spice or K2 as the "trip of a lifetime," "a fantastic high" and claimed the drug will "turn an ordinary evening into a blissful, exotic encounter."

Websites promoting bath salts use marketing slogans such as "Get ready to feel like a newborn child," and "Bath salts will provide you with the energy you need for a long night of fun."

N-bomb is also marketed on websites that make it appear safe and legal. Some sites try to pass as legitimate pharmacies or chemical distributors, claiming their drugs come from "reputable laboratories" based in China, India and other countries.

Dealers or promoters will tell you, "You'll feel absolutely wonderful," "It puts you into another realm" and "It's absolutely amazing!"

While this is slick marketing, it does not match the reality of the effects and consequences these drugs actually have.

Get the facts about synthetic drugs. Make your own decisions.

The Truth About Drugs

Drugs are essentially poisons. The amount taken determines the effect.

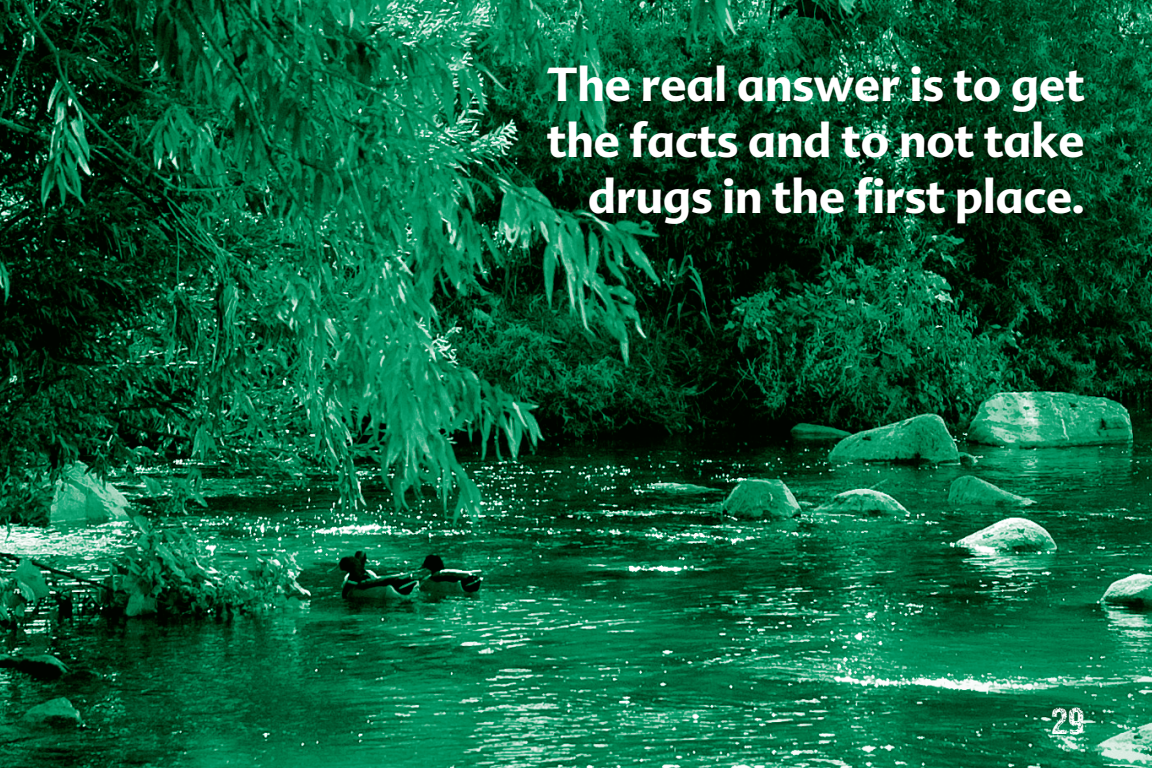
A small amount acts as a stimulant (speeds you up). A greater amount acts as a sedative (slows you down). An even larger amount poisons and can kill.

This is true of any drug. Only the amount needed to achieve the effect differs.

But many drugs have another liability: they directly affect the mind. They can distort the user's perception of what is happening around him or her. As a result, the person's actions may be odd, irrational, inappropriate and even destructive.

Drugs block off all sensations, the desirable ones along with the undesirable. So, while providing short-term help in the relief of pain, they also wipe out ability and alertness and muddy one's thinking.

Medicines are drugs that are intended to speed up, slow down or change something about the way your body is working to try to make it work better. Sometimes they are necessary. But they are still drugs: they act as stimulants or sedatives, and too much can kill you. So if you do not use medicines as they are supposed to be used, they can be as dangerous as illegal drugs.


The real answer is to get
the facts and to not take
drugs in the first place.

WHY DO PEOPLE TAKE DRUGS?

People take drugs because they want to change something in their lives.

Here are some of the reasons young people have given for taking drugs:

- To fit in
- To escape or relax
- To relieve boredom
- To seem grown-up
- To rebel
- To experiment

They think drugs are a solution. But eventually, drugs become the problem.

Difficult as it may be to face one's problems, the consequences of drug use are always worse than the problem one is trying to solve with them. The real answer is to get the facts and to not take drugs in the first place.



Millions of copies of booklets such as this have been distributed to people around the world in over 20 languages.



As new drugs appear on the streets and more information about their effects becomes known, existing booklets are updated and new ones created.

The booklets are published by the Foundation for a Drug-Free World, a nonprofit public benefit organization headquartered in Los Angeles, California.

The foundation provides educational materials, advice and coordination for its international drug prevention network. It works with youth, parents, educators, volunteer organizations and government agencies—anyone with an interest in helping people lead lives free from drug abuse.

REFERENCES:

For the references used to compile this booklet, go to DrugFreeWorld.org/refs.

FACTS YOU NEED TO KNOW

This booklet is one in a series of publications that covers the facts about marijuana, alcohol, fentanyl, synthetic drugs, Ecstasy, cocaine, crack cocaine, crystal meth and methamphetamine, inhalants, heroin, LSD and prescription drug abuse. Armed with this information, the reader can make the decision to live a drug-free life.

To do free online courses or to connect with a Drug-Free World Chapter in your area, go to DrugFreeWorld.org

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